

September

2010 CROSS COUNTRY CALENDAR

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	Aug. 30 Practice Starts 2:45 – 4:45 All Forms Complete	Aug. 31 Practice 2:45 – 4:45	1 Practice 2:45 – 4:45	2 Practice 2:45 – 4:45	3 Practice 2:45 – 5:00 1 Mile Trials	4 On Your Own Road Runners 10 Mile Race
5 On Your Own	6 Labor Day On Your Own Or Practice (TBA) 2:45 – 4:45	7 Practice 2:45 – 5:00 3 Mile Qualifying	8 Practice 2:45 – 5:00	9 Rosh Hashanah On Your Own	10 Practice 2:45 – 5:00 Uniforms Distributed	11 Parent Meeting 9:00 2 Mile Time Trials 10:00
12 On Your Own	13 Practice 2:45 – 5:00 Uniforms Distributed	14 Stm. Rdg. & Dar. @ Stp. 4:00	15 Practice 2:45 – 5:15	16 Practice 2:45 – 5:15	17 Practice 2:45 – 5:15	18 Yom Kippur On Your Own
19 On Your Own	20 Practice 2:45 – 4:30	21 Whl. Nor. Trm.. @ Stp. 4:00	22 Practice 2:45 – 5:15	23 Practice 2:45 – 5:15	24 Practice 2:45 – 4:30	25 Bethel Invitational @ Bethel 9:30
26 On Your Own	27 Practice 2:45 – 4:30	28 St.J. Bas. & Cnt. @ StJ. 4:00	29 Practice 2:45 – 5:15	30 Practice 2:45 – 5:15		

2010

October

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<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 Practice 2:45 – 5:15	2 Wilton Invitational @ Wilton (tentative) 9:30 Or Practice 10:00 – 12:30
3 On Your Own	4 Practice 2:45 – 4:30	5 N.C. McM. Wrld. Hrd. & Lud.. @ N.C. 4:00	6 Practice 2:45 – 5:15	7 Practice 2:45 – 5:15	8 Practice 2:45 – 4:30	9 Wickham Park Invitational @ Wickham Park 9:40
10 On Your Own	11 Practice 2:45 – 4:30	12 Grn. Wlt. & Dnb.. @ Grn. 4:00	13 Practice 2:45 – 5:15	14 Practice 2:45 – 5:15	15 Practice 2:45 – 5:15	16 Practice 10:00 – 12:30
17 On Your Own	18 Practice 2:45 – 5:15	19 Practice 2:45 – 5:15	20 Practice 2:45 – 4:30	21 FCIAC Championships @ Waveny Park, NC 2:30	22 Practice 2:45 – 5:15	23 Practice 10:00 – 12:30
24 On Your Own	25 Practice 2:45 – 5:15	26 Bethel J.V. Inv. @ Bethel 4:00 Or Var. & Fr. Practice 2:45 – 5:15	27 Practice 2:45 – 5:15	28 Ffld. Prep. Fr. Inv. @ Ffld. Prep. 3:45 Or Var. & J.V. Practice 2:45 – 5:15	29 Practice 2:45 – 4:30	30 CIAC Class LL Championships @ Wickham Park 3:10
31 On Your Own						

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November

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<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 Practice 2:45 – 5:15	2 Practice 2:45 – 5:15	3 Practice 2:45 – 5:15	4 Practice 2:45 – 4:30	5 CIAC Open Championships @ Wickham Park 2:00	6 Practice 10:00 – 12:30
7 On Your Own	8 Practice 2:45 – 5:15	9 Practice 2:45 – 5:15	10 Practice 2:45 – 5:15	11 Practice 2:45 – 5:15	12 Practice 2:45 – 4:30	13 New England Championships @ Thetford, Vt. 11:00
14	15 RETURN ALL	16 UNIFORMS AND	17 VOTE FOR	18 2010 CAPTAINS	19 THIS WEEK	20
21 Awards Banquet TBA	22	23	24 Pequot Road Race Set Up Wakeman Boys Club 5:00 PM	25 Pequot Road Race Help with Race Wakeman Boys Club 7:00 AM	26	27
28	29 Indoor Track & Field Starts	30				

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