

STAPLES BOYS AND GIRLS CROSS COUNTRY SCHEDULE – 2009

DATE	OPPONENT	SITE	TIME	BUS	E.D.
Sat. 9/12	Blue vs White Time Trial & Parent Meeting	Staples	9:00 AM	-----	-----
Tue. 9/15	St. Joseph, Warde, Harding & Greenwich	St. Joseph	4:00 PM	2:00	1:30
Tue. 9/22	Ludlowe, Norwalk & Central	Ludlowe	4:00 PM	2:30	2:00
Sat. 9/26	Bethel Invitational	Bethel	9:30 AM	7:30	-----
Tue. 9/29	Wilton, Bassick, & Westhill	Staples	4:00 PM	-----	-----
Sat. 10/3	<b>Practice</b>				
Tue. 10/6	Trumbull, New Canaan, McMahon & Darien	New Canaan (Waveny Park)	4:00 PM	2:00	1:30
Sat. 10/10	Wickham Park Invitational	Wickham Park (Manchester)	9:40 AM	7:00	-----
Tue. 10/13	Danbury, Ridgefield & Stamford	Staples	4:00 PM	-----	-----
Thu. 10/22	FCIAC Championships	Waveny Park (New Canaan)	2:30 PM	12:15	11:45
Tue. 10/27	Bethel J.V. Invitational	Bethel	4:00 PM	2:15	1:45
Thu. 10/29	Ffld. Prep. Freshmen Invitational.	Fairfield Prep.	3:45 PM	2:15	1:45
Sat. 10/31	CIAC Class LL Championship	Wickham Park (Manchester)	3:05 PM	11:00	-----
Fri. 11/6	CIAC Open Championship	Wickham Park (Manchester)	2:00 PM	11:00	10:30
Sat. 11/14	New England Championship	Wickham Park (Manchester)	11:00 AM	7:30	-----

Website: [www.staplesrunning.com](http://www.staplesrunning.com)

Laddie's Phone #: 203 341-1257 (W) 203 259-2129 (H)

Laddie's Email: [laddie\\_lawrence@westport.k12.ct.us](mailto:laddie_lawrence@westport.k12.ct.us)

Kristin's Phone #: 203 341-1334 (W) 203 642-4285 (H) 203 807-0459 (C)

Kristin's Email: [kristin\\_simonsen@westport.k12.ct.us](mailto:kristin_simonsen@westport.k12.ct.us)